



Shot Espresso ~ Parsons Green

Breakfast

Jumbo Porridge

Jumbo oats cooked in milk of your choice, served with apple and cinnamon.

7.50

Coconut Yogurt with House Granola

Coconut yogurt with home-made granola, honey and fresh fruits.

7.75

Toasted Sourdough

Freshly toasted served with butter and your choice of:

Marmalade

Vegemite

Marmite

Strawberry Jam

Apricot Jam

3.50

Classics

Shot Full English

Two eggs of your choice, crispy bacon, Cumberland sausage, grilled tomato, roasted mushroom and two slices of sourdough toast.

10.50

Veggie Breakfast

Two eggs of your choice, avocado, spinach, grilled tomato, roasted mushroom and two slices of sourdough toast.

9.50

Benedict~Florentine~Royale

Two poached eggs, atop a brioche muffin layered with ham, spinach or smoked salmon and hollandaise sauce.

7.5/7.5/9.5

Brunch

Eggs in the Basket

Two slices of sourdough toast served with butter, cheddar and two eggs of your choice.

4.75

Nordic Smoked Salmon and Scrambled Eggs

Served with two slices of sourdough toast.

7.50

Crushed Avocado

Avocado with fresh lime and coriander, served on two slices of sourdough toast with chilli flakes.

7.95

Add eggs of your choice 1.95

Omelette

Three egg omelette filled with, mushrooms, spinach, cheddar and tomato

7.95

With Ham 8.50

Shakshuka

Two eggs baked in a rich and spicy tomato and roasted red pepper sauce.

7.90

Pancakes

Light and fluffy pancakes with fresh fruits, handmade Chantilly and maple syrup.

7.50

Add On:

Gluten Free Toast 1.0

½ Avocado 2.0

Spinach 2.50

Grilled Halloumi 2.50

Bacon/Sausage 2.50

Smashed Avocado 2.75

Smoked Salmon 3.0

Our eggs are free-range and our salmon is sourced from the North Atlantic, traditionally hand smoked by Skandel right here in Parsons Green.



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Lunch

Soup of The Day

Served with Seven-seeded sourdough toast.

6.50

Croque Monsieur

Toasted sourdough, ham, béchamel and cheese.

6.75

With Green salad 7.75

Chicken Salad

Grilled chicken, cherry tomato, avocado and cucumber served on a bed of lettuce drizzled with our tangy olive oil dressing.

9.50

Shot Burger

Crunchy buttermilk grilled chicken in a seeded bun with tomato, lettuce and halloumi, served with rainbow chips.

9.50

Dish of The Day

A regularly changing creation by our chef showcasing fresh, seasonal produce.

Please ask our staff for today's offering.

M.P.

All our meat is locally sourced from Dickenson's Quality Butcher.

Cold Drinks

Coca-cola, Coke Zero

2.40

Organic Belvoir Lemonade/Elderflower, Aranciata

2.80

San Pellegrino, Acqua Panna

Small 1.70 Large 2.40

SaVse' Smoothies

Cold-pressed, Raw Smoothies

3.0

Nina's Super Orange

Mango, passion fruit, orange, carrot, celery, apple & lemon.

Nina's Super Blue

Blueberry, blackcurrent, beetroot strawberry, kale, spinach, orange & apple.

Nina's Super Green

Kale, spinach, pear, apple, lemon, kiwi, broccoli & banana.

Fresh Juice

Your choice of 1/2/3 fruits

3.80/4.0/4.20

Hot Drinks

Espresso, Macchiato

1.80

Double Espresso, Double Macchiato

2.25

Cappuccino, Flat White, Latte, Chai Latte, Hot Chocolate

2.6/3.0

Americano, Long black

2.4/2.9

Matcha Latte/Mocha

2.7/3.2

Earl Grey, English Breakfast, Moroccan Mint, Green Tea

2.0

Syrups, Bonsoy, Rude Health Almond Milk, Oat Milk

.30